



Consuming  
Urban Poverty |



## PLANNING FOR FOOD SECURE AFRICAN CITIES EPISODE 1 | RESOURCES

### CUP Project and affiliated project Resources

- Battersby, J. and Haysom, H. 2019. *Chapter 3: Linking urban food security, urban food systems, poverty, and urbanisation*. In [Urban Food Systems Governance and Poverty in African Cities](#). J. Battersby and V. Watson, Eds. Routledge: New York. 56 – 67.  
This chapter provides a conceptual overview of how each of the dimensions of food security relate to each other, specifically within the African urban context. Through this, the possibilities for interventions to alleviate food security in relation to these pillars are considered.
- Joubert, L. 2018. Introduction. In [Tomatoes and Taxi Ranks](#). L. Joubert, Ed. African Centre for Cities: Cape Town. 9-14.  
The introduction to Tomatoes and Taxi Ranks presents a summary of the various reasons as to why food should be thought of in the context of cities, particularly in African cities.
- Consuming Urban Poverty Project. 2018. [Understanding Food Poverty in African Cities](#). [Video file].  
This animated short video illustrates the multi-dimensional nature of poverty and how it shapes what people eat from the perspective of African cities, using research findings from the Consuming Urban Poverty project.

### Scholarly Resources:

- Roberts, W. 2001. [The Way to a City's Heart is Through its Stomach: Putting Food Security on the Urban Planning Menu](#). Toronto Food Policy Council: Toronto  
In this resource, Roberts provides various arguments for why urban planners should be conscious of food issues when undertaking planning projects.
- Kasper, C., Brandt, J., Lindschulte, K. and Giseke, U. 2017. [The urban food system approach: thinking in spatialized systems](#). *Agroecology and Sustainable Food Systems*. 41 (8): 1009 – 1025.  
This paper focuses on the role that urban food systems as a tool to analyse the underlying spatial structures in cities, and how the components of the food system are interconnected through the various functions of the city.

### Policy Related Resources

- HLPE. 2020. [Food security and nutrition: building a global narrative towards 2030. A report by the High Level Panel of Experts on Food Security and Nutrition of the Committee on World Food Security](#), Rome.

This report by the High Level Panel of Experts on Food Security and Nutrition, provides a global overview of the current situation with regards to food security and nutrition in relation to concepts, outcomes and drivers of critical policy directions. The key messages from this report pertain to an urgent need to strengthen and consolidate the conceptual thinking around food security and nutrition particularly the right to food; the extent to which the food security and nutrition community is falling short of reaching Agenda 2030 targets; and, the policy approach and actions that the HLPE recommends are taken forward to enable and uphold all dimensions of food and nutrition security.



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### Additional Resources in Popular Media

- Steel, C. 2009. [How Food Shapes our Cities](#). [Video File].

In this TED Talk, using the example of London, Carolyn Steel discusses the way in which a city is fed on a daily basis, as well as how historical food routes have shaped the modern world.

- Raja, S. 2016. [It's Not Food, It's the Food System](#). [Video File].

Samina Raja provides an explanation for why food security is a systemic issue, in her TEDxUniversityatBuffalo Talk. Raja goes on to discuss the problems with the food supply chain which causes this systemic issue, as well as how this affects our cities and daily lives.

- Joubert, L. 2017. [Op-Ed: Mind the \(food\) gap](#). Daily Maverick. 12 December.

Leonie Joubert writes how access to food remains unequal in African cities, and that unless policy makers address the multi-dimensional and complex reasons why the urban food system remains unequal, citizens will continue to be hungry, heavy and sick.

- ICLEI-RUAF CITYFOOD Network in Africa

Open to all local and regional governments, the [ICLEI-RUAF CityFood Network in Africa](#) is a global network for regional governments to develop a strategic approach to their city-region food systems. The resources below provide a report of the 2020 African CITYFOOD Month, and a link to the webinars.

- [African CITYFOOD Month Event Report](#)

- [African CITYFOOD Month Webinars](#)

- Battersby, J. 2020. [Understanding Cape Town's Food System: Facts, figures, flows](#). [Video File]

In this presentation as part of the 2020 Cape Town Food Dialogues, Jane Battersby provides an overview of the urban food system in Cape Town.

- [The Food Systems Dashboard](#). Global Alliance for Improved Nutrition (GAIN) and Johns Hopkins University. 2020. Geneva, Switzerland.

This dashboard combines data from multiple sources in an attempt to provide a complete view of food systems country by country. Users can also compare different components of food systems across countries and regions, as well as use the dashboard to identify ways in which to sustainably improve their food systems.